

CREATE YOUR OWN BREAKFAST

Choose from the followings to make your own breakfast

FRIED EGG V	2	HALLOUMI CHEESE (3 Slices) V	3.9
SCRAMBLED EGGS V	2.9	FETA CHEESE V	3
POACHED EGGS V	2	SMOKED SALMON	4.9
BACON (2 Slices)	3.2	SMASHED AVOCADO V	3.9
3 TURKEY RASHERS	3.2	HASH BROWNS OR BUBBLE V	3
BEEF SAUSAGE	3	FRIES V	4.2
CUMBERLAND SAUSAGE	3	SWEET POTATO FRIES V	4.9
VEGGIE SAUSAGE V	2.7	CURLY FRIES V	4.9
SUCUK	3.9	FRENCH TOAST V	3.2
HAM (2 Slices)	4.3	SOYDOUGH TOAST V	2
BLACK PUDDING	3	TOAST V	1.2
TOMATO OR BEANS V	2.8	FRIED SLICE V	1.6
CHERRY TOMATO V	2.7	JAM, MARMALADE OR HONEY	2
MUSHROOMS V	2.8	MAPLE SYRUP	2
PORTOBELLO MUSHROOM V	2.7		

BREAKFAST

Served All Day

MOLEN'S SPECIAL BREAKFAST	12.9	VEGAN BREAKFAST V	15.5
2 Eggs, 2 bacons, sausage, beans or grilled tomatoes, bread or toast.		Hummus, smashed avocado, roasted red peppers, mushrooms, cherry tomatoes and hash brown or falafel.	
THE HANGOVER	18.9	VEGETARIAN BREAKFAST V	16.9
2 Eggs, 2 bacons, sausage, beans portobello mushroom, grilled tomatoes 2 hash browns & 2 toasts.		Egg, bubble & squeak or hash browns, veggie sausage, mushrooms, halloumi, roasted cherry tomatoes, beans & 2 granary toast.	
THE AMERICAN	14.9	AMERICAN CLUB PANCAKES	16.5
2 Eggs, ham, 2 hash browns, mushrooms, French toast, 1 slice of granary toast.		Egg, sausage, 2 bacons, maple syrup, whipped cream & icing powder.	
THE MEDITERRANEAN	15.9	FRENCH TOAST V	13.9
Egg, feta cheese, sucuk, halloumi, marinated olives, cherry tomatoes, cucumbers, honey, choice of jam & 2 toast.		Brioche bread served with fresh berries, almonds & honey, maple syrup or biscoff sauce.	
MOLEN'S MUNCH	16.9	PORRIDGE V	10
2 Eggs, beef sausage, 3 turkey rashers, 2 hash browns, portobello mushrooms, beans or tomatoes.		Fruits, mixed seeds & honey or maple syrup.	
		GRANOLA V	10
		Mixed berries, Greek yoghurt, almonds, honey or maple syrup.	

BRUNCH

AVOCADO FETA V	14.9	EGGS BENEDICT	12.5
Toasted sourdough topped with crushed avocado, sun-dried tomato, crushed feta topped with two poached eggs with chilli flakes		Toasted brioche, Wiltshire ham or bacon, 2 poached eggs & hollandaise sauce	
ACCOUSTIC V	15.9	EGGS ROYALE	12.9
Toasted sourdough, crushed avocado, mixed grilled peppers, mushroom, grilled halloumi, & 2 poached eggs.		Toasted artisan sourdough, topped with Scottish smoked salmon, 2 poached eggs & hollandaise sauce	
SHAKSHUKA EGGS V	13.9	EGGS FLORENTINE V	11.5
Middle eastern eggs, tomatoes, peppers, herbs, topped with crushed feta cheese & chilli flakes. ADD Sucuk		Toasted brioche, topped with baby leaf spinach, 2 poached eggs & hollandaise sauce	
CHICKEN WAFFLE	16.9	SCRAMBLED ROYALE	12.9
Butter-milk chicken on a sweet waffle with hash brown, slaw, topped with fried egg & maple syrup.		Scrambled eggs, Scottish smoked salmon, served on toasted artisan sourdough	
SALMON BREEZE	14.9	MORNING POACHED V	11.9
Toasted artisan sourdough, cream cheese, smoked salmon and 2 poached eggs.		2 poached eggs on toasted sourdough, smashed avocado & chilli flakes	
		MORNING MUSHROOM V	11.9
		Mushrooms on toasted sourdough, smashed avocado & chilli flakes	

OMELETTES

Garnished With Salad.

PLAIN V	7	MEAT FILLINGS EACH ITEM	2.5
6 EGGS WHITE V	7.5	Ham, Chicken, Prawns or Bacon	
ADD FRIES V	4.2	VEG FILLINGS EACH ITEM V	1.7
		Cheese, Mushrooms, Onions, Peppers, Sweetcorn, Spinach or Tomato	

ON 2 TOAST

SELECT 1 ITEM ON TOAST **V**

Beans, tomato, mushroom, 2 eggs, 2 poached eggs or cheese.

SCRAMBLED EGGS (4 EGGS) V	7.5	SMASHED AVOCADO V	7.5
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MOLEN'S SPECIALS

THE ESCALOPE (XL BAP)	12.5	STEAK BAGUETTE	14.9
Hot chicken escalope served in a granary bap with lettuce, onion, cucumber, tomato mayo & lemon juice.		Grilled strips of beef steak served with rocket, tomatoes, red wine marinated red onions and English mustard.	
HOT SALT BEEF SANDWICH	12.9	HALLOUMI BAGUETTE V	10
Hot salt beef, gherkin, tomato, lettuce, mayo & mustard.		Grilled halloumi cheese with fresh tomato & lettuce.	
DIRTY SALT BEEF SANDWICH	14.9	BELLA MOZZARELLA V	11
Hot salt beef, melted cheddar, lettuce, gherkin, tomato, mayo & mustard in a toasted sourdough or burger bun.		Mozzarella, sun dried tomato, roasted peppers and pesto on toasted sourdough.	

CLUB SANDWICHES WEST SIDE

Favourite Triple Deckers toasted with everything including lettuce, tomato cucumber & mayo

MEATY CLUB	11	SEAFOOD CLUB	11
Chicken & Bacon.		Prawns & Crab Sticks	
BREAKFAST CLUB	11	ORIGINAL CLUB	11
Hot Bacon & Fried Egg.		Laced with 4 Hot Bacon Rashers	

WRAPS

All garnished with salad on the side.

TUNA MELT	11.9	SMOKED SALMON & AVOCADO	13.5
Tuna, cheddar cheese, spring onions & mayo.		Smoked salmon, avocado, salad, lemon juice, black pepper & mayo.	
MEXICAN TUNA MELT	12.9	MOLEN'S HOUSE SPECIAL	13.5
Tuna, cheese, spring onions, jalapeños & mayo.		Chicken fillet with melted cheese, onion, lettuce, tomato, cucumber & mayo.	
CHICKEN ESCALOPE	11.9	FALAFEL V	10
Chicken escalope, onion, lettuce, tomato, cucumber & mayo.		Falafel, humus, lettuce, tomato, cucumber, yoghurt & mint sauce.	
HALLOUMI V	10.9	AVOCADO & SALAD V	10
Grilled halloumi with tomato & lettuce.		Avocado with lettuce, tomato, cucumber.	
CHICKEN AVOCADO	11.9	PERI-PERI CHICKEN	11.9
Steamed chicken, avocado, lettuce, tomato, cucumber & mayo.		Peri-peri chicken, cheese, lettuce, tomato, cucumber, spring onions, chilli sauce, mayo & jalapeños.	
SEAFOOD WRAP	12.9		
Prawn cocktail, crab stick, lettuce, tomato, cucumber & mayo.			

ADD

Fries 4.2 • Sweet Potato Fries 4.9 • Curly Fries 4.9

SANDWICHES

Granary or white bread, served with lettuce, tomato, cucumber & mayo. (Not applicable for hot variety selections)

	BAGEL OR ROLL	SANDWICH	XL BAP/ BAGUETTE/ SOURDOUGH		BAGEL OR ROLL	SANDWICH	XL BAP/ BAGUETTE/ SOURDOUGH
HOT VARIETY				FISH			
BACON	3.8	5	6.6	PRAWNS	4.9	6.4	8
BLT	4.3	5.7	7.3	CRAB STICKS	4.9	6.4	8
SAUSAGE	3.8	5	6.6	SEAFOOD	5.5	7.1	8.5
EGG	3.8	5	6.6	TUNA	4.5	6.1	7.6
BACON & EGG	4.5	6	7.6	TUNA MEXICAN	4.7	6.2	7.8
SAUSAGE & EGG	4.5	6	7.6	SMOKED SALMON	5	6.6	8.3
BACON & MUSHROOM	4.5	6	7.6	SMOKED SALMON & CREAM CHEESE	5.3	7	8.6
SAUSAGE & MUSHROOM	4.5	6	7.6	ADD EXTRA AVOCADO	2.1	2.6	3.1
ANY 3 FILLINGS	5.2	6.9	8.5				
COLD MEATS				EGG & CHEESE			
HAM	3.7	4.9	6.4	CHEDDAR V	3.2	4.7	6.2
CHICKEN	4.3	5.8	7.4	CREAM CHEESE V	4.1	6.5	8
TIKKA	4.5	6	7.6	EGG MAYO & CRISPY BACON	5.3	6.9	8.6
PERI - PERI	4.5	6	7.6	EGG MAYO	3.9	5.1	6.7
ADD EXTRA AVOCADO	2.1	2.6	3.1	HAM & CHEESE	4.7	6	7.6

STARTERS

HUMMUS Topped with olive oil and chilli flakes. Served with pitta bread.	6	GRILLED HALLOUMI Served with pitta bread and cranberry sauce.	8
DEEP FRIED CALAMARI Served with tomato, onion and tartare sauce.	8	GARLIC BREAD 4 Baguette slices flavoured with garlic and herbs.	2
		Add Cheese	

MAIN DISHES

MARINATED GRILLED LAMB CHOPS Marinated and grilled lamb chops served with vegetables, mash potato & gravy.	24	CHICKEN MILANESE Chicken escalope on a bed of penne arabiata and mixed lettuce, red onion, tomato, cucumber.	16.9
ESCALOPE FRIES AND SALAD Breaded chicken breast, mixed lettuce, red onion, tomato, cucumber, and coleslaw.	16.9	CHICKEN RELLA Grilled chicken, parma ham, mozzarella & pesto served with fries & mixed lettuce, red onion, tomato, cucumber.	16.9
GRILLED TUNA STEAK Tuna steak with mashed potato, vegetables and pesto.	24	CHILLI CON CARNE Served with basmati rice & mixed lettuce, red onion, tomato, cucumber and coleslaw.	15.9
HOT SALT BEEF Hot salt beef served with gherkins, salad & fries.	24	GRILLED CHICKEN SHISH Served with basmati rice, mixed lettuce, red onion, tomato, cucumber and coleslaw.	16.9
BANGERS & MASH 3 Cumberland sausages & creamy mash with vegetables & fried onions topped with gravy.	14.9		

GOURMET BURGER

All burgers are 30 days dry aged, sourced from artisan local butcher *Ginger & Co. Salford*
All served with fries.

MOLEN'S BURGER Melted cheese, chorizo, fried onions, lettuce, tomato & gherkin.	14.9	GRILLED CHICKEN BREAST BURGER Fresh marinated chicken fillet, lettuce, tomato & mayo.	13.9
HALLOUMI BURGER  Grilled halloumi with sun-dried tomato & lettuce	12.9	THE CLASSIC BURGER With fried onions, lettuce, tomato & gherkin.	13.5
ADD			
Bacon 3 / Egg, Cheese, Portobello Mushroom, Chorizo or Jalopenös		2	

PASTA

Choose your pasta: Penne, Spaghetti or Tagliatelli
All served with parmesan

THE PESTO  Spinach, cherry tomato, pesto, creamy white wine sauce	12.9	LASAGNE Layers of pasta filled with aged minced beef, topped with tomato and homemade bechamel sauce, served with fries and salad	17.5
SEAFOOD PASTA Mix Seafood and special spicy arrabiata sauce	16.9	ARRABIATA  Pasta with special spicy arrabiata sauce	13.5
POLLO FUNGI Chicken, mushroom, creamy white wine sauce	14.5	CARBONARA Eggs, bacon and creamy white wine sauce, black pepper	14.9
BOLOGNESE Aged mince beef in rich tomato sauce	13.5	SALMONE Smoked salmon, chives, dill, creamy white wine sauce	17.5
DIABOLO Chicken, spicy tomato sauce	14.5		

ADD Garlic Bread on the side **5**

JACKET POTATOES

PLAIN WITH BUTTER Garnished with salad **6.5**

ADD Extra Filing	
BEANS • CHEESE • COLESLAW • SWEETCORN	2.7
CRAB STICKS • CRISPY BACON • CHICKEN • TUNA • TUNA MEXICAN	3.9
PRAWN • TIKKA • PERI PERI • SEAFOOD • CHILI CON CARNE	4.5

PANCAKES

SWEET & SOUR PANCAKE Pancakes with lemon & sugar	8	10	NUTELLA Pancakes with Nutella, topped with a selection of seasonal fruits, whipped cream & icing powder	12.9
CLASSIC Pancakes with maple syrup, topped with a selection of fruits, whipped cream & icing powder	5	11.5	PISTACHIO PANCAKE 3 layers of buttermilk pancakes with strawberry and banana, maple syrup & pistachio paste drizzled	13.9
BANANA PANCAKE Pancakes with maple syrup, topped with banana, whipped cream & icing powder	2	11.5	LOTUS FRENCHIE Brioche loaf with Biscoff crumbles, mascarpone, maple syrup & drizzled with biscoff on top	14
ADD SOFT ICE CREAM		3		

SALADS

PROTEIN SALAD Mixed leaves, green lentils, 2 boiled eggs, grilled chicken, balsamic sauce topped with black sesame seeds.	15	15	NICOISE Medium grilled tuna, served with mix leaves, fresh green bean, boiled potatoes, cherry tomatoes, boiled eggs, olives, anchovies and balsamic sauce	15.9
ESCALOPE SALAD Chicken escalope, crunchy leaves, croutons, cucumber, broccoli, black sesame seeds, served with ranch dressing.	16	16	LENTIL & HALLOUMI  Roasted cherry tomatoes, rocket, avocado, lentils and halloumi, served with balsamic sauce	12.9
CHICKEN CAESAR SALAD Cos lettuce, cherry tomato, croutons and parmesan, with classic caesar dressing.	13.9	13.9	TRICOLORE SALAD  Rocket, buffalo mozzarella, cherry tomato, avocado, cucumber, basil served with pomegranate sauce	12.9
GOAT'S CHEESE SALAD  Crumbled goats cheese, grilled peppers, cucumbers, sun-dried tomato, mixed leaves & pesto dressing.	13.9	13.9	GREEK SALAD  Tomatoes, cucumbers, onions, olives, feta cheese & oregano dressed in olive oil	12.9

ADD

Grilled Chicken or Breaded Chicken Breast **8.5**

HOUSE SALAD 8.9

Base includes, mix lettuce, tomatoes, cucumbers, coleslaw, beetroot, gherkin, carrots, sweetcorn, onions, jalopeno & peppers. Add any of the extras below.

MEATY EXTRAS EACH ITEM 4.9	LIGHT EXTRAS EACH ITEM 2.9
Prawns, Crab sticks	Egg mayo, cheese or avocado
Tuna, Mexican Tuna	
Chicken tikka or Peri-Peri chicken	TENDER EXTRAS
	Smoked Salmon 8.5
PLAIN EXTRAS EACH ITEM 4.5	Grilled Chicken Breast 8.5
2 Poached Eggs,	Breaded Chicken Breast 8.5
Plain Chicken	Salt Beef 10
Crispy Bacon or Roasted Ham	

KID'S MENU

Only served to children under 12 years

BURGER & FRIES	8.5	PANCAKE (CLASSIC) 2 Pancakes Nutella, topped with a selection of fruits, whipped cream & icing powder	7.5
4 PCS CHICKEN NUGGETS, FRIES & BEANS	8	NUTELLA PANCAKE 2 pancakes with Nutella topped with seasonal fruits, whipped cream & icing powder	8
4 PCS FISH FINGERS, FRIES & BEANS	8	ANY PASTA FROM MENU (LASAGNE NOT INCLUDED)	8.9

PASTRY

EXTRA LARGE BUTTER CROISSANT	2.6	CINNAMON ROLL	2.9
ALMOND CROISSANT FILLED	3	PAIN AU CHOCOLAT	2.9
CHOCOLATE & HAZELNUT CROISSANT	3.2		

NOTE: For further options, please ask a member of staff or visit the display section